



# Gestational Diabetes Management & Outcomes

***21<sup>st</sup> Annual Regional Perinatal Summit***

**Friday, October 14, 2022**

**12:15 – 4:30 pm EST**

**Conference will be a Hybrid of In-Person and Virtual**

## **SUMMIT PURPOSE**

The purpose of the Annual Regional Perinatal Summit is to bring together clinical and public health leaders to review and discuss current perinatal issues, data, and ideas that can be addressed to improve pregnancy outcomes within the region.

## **SUMMIT DESCRIPTION**

This year's Summit will explore maternal gestational diabetes management from a multi-faceted approach. Participants will be better prepared to diagnose and manage the patient with maternal diabetes and consider its effects on the maternal-child dyad, thereby improving maternal health and infant outcomes.

## **TARGET AUDIENCE**

The Annual Regional Perinatal Summit is designed for physicians, nurse practitioners, nurses, social workers, genetic counselors, dietitians, and other perinatal health professionals providing services to pregnant women and their families.

**Perinatal Outreach Program**



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*Sponsored by Cincinnati Children's Perinatal Institute*

## REGISTRATION - **FREE**

- Options to choose from:
  - Live, in-person **or**
  - Virtual
- Once live number of registrants is exceeded, virtual will be default
- Registration is **REQUIRED** & includes continuing education credits
- A **VIRTUAL ZOOM** link will be sent to registrants who register under the virtual option
- Register at: [2022 Perinatal Summit Registration](#)

*For more information, contact:*  
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*Sr. Specialist Program Manager*  
*Perinatal Outreach Program*  
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## OBJECTIVES

1. Describe the breastfeeding dyad and its impact on health outcomes for the mother-infant.
2. Discuss the potential breastfeeding challenges for women with gestational diabetes.
3. Discuss the etiology, diagnosis, and management of maternal gestational diabetes
4. Consider interventions to improve care of the mom with gestational diabetes.
5. Explain the importance of multi-disciplinary teamwork in supporting the care of mothers with Gestational Diabetes mellitus and their infants.
6. Describe the quality improvement process to standardize a hypoglycemia policy.
7. Describe a multidisciplinary approach to congenital hyperinsulinemia.

## CONTINUING EDUCATION



In support of improving patient care, Cincinnati Children's Hospital Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**CME:** Cincinnati Children's designates this live format **AMA PRA Category 1 Credit(s)<sup>TM</sup>**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nursing:** This activity is approved for continuing nursing education (CNE) contact hours.

**ABP MOC Part 2:** Successful completion of this CME activity enables the participant to earn MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.



**IPCE:** This activity was planned by and for the healthcare team, and learners will receive Interprofessional Continuing Education (IPCE) credits for learning and change.

# AGENDA

## Gestational Diabetes Management and Outcomes

- 12:15 pm**    **Check-in, Sign-in to Virtual Link, and Text for Attendance**
- 12:30 pm**    **Welcome, Regional Statistics & Introductions**  
**Scott L. Wexelblatt, MD**  
Medical Director of Regional Newborn Services, Perinatal Institute  
Associate Professor, University of Cincinnati - Department of Pediatrics  
Cincinnati Children's
- 12:45 pm**    **Maternal Pregestational & Gestational Diabetes**  
**Heather Masters, MD, MS**  
Medical Director of the Diabetes & Pregnancy Program  
Assistant Professor of Obstetrics & Gynecology  
University of Cincinnati
- 1:40 pm**    **Interventions to Improve Care of the Mother with Gestational Diabetes**  
**Amy West Poley, MSW, BSN, RN, CDCES**  
Registered Nurse, Diabetes Specialist  
University of Cincinnati Health
- 2:15 pm**    **Break**
- 2:30 pm**    **Cincinnati Children's Hypoglycemia Standardization & Introductions**  
**Scott L. Wexelblatt, MD**  
Medical Director of Regional Newborn Services, Perinatal Institute  
Associate Professor, University of Cincinnati – Department of Pediatrics  
Cincinnati Children's
- 2:45 pm**    **The Potential Health Benefits & Challenges of Breastfeeding in the context of Gestational Diabetes | Understanding the Mother-Infant Dyad**  
**Laurie A. Nommsen-Rivers, PhD, RD, IBCLC**  
Associate Professor of Nutritional Sciences  
Ruth Rosevear Endowed Chair of Maternal and Child Nutrition  
College of Allied Health Sciences, University of Cincinnati
- 3:30 pm**    **Congenital Hyperinsulinism**  
**Mansa Krishnamurthy, MD, MSc**  
Endocrinologist, Division of Endocrinology  
Assistant Professor  
Cincinnati Children's
- 4:00 pm –**    **Discussion**
- 4:30 pm**    **Scott L. Wexelblatt, MD**  
Medical Director of Regional Newborn Services, Perinatal Institute  
Associate Professor, University of Cincinnati – Department of Pediatrics  
Cincinnati Children's
- Jae Kim, PhD, MD**  
Perinatal Institute Co-Director, Director of the Division of Neonatology, Cincinnati Children's  
Professor, University of Cincinnati – Department of Pediatrics  
Cincinnati Children's